EXPERIENCE NURAI SPA

YOUR PRIVATE ISLAND RESORT.

Nurai Spa has been created for our guests' complete relaxation and wellbeing.

Tranquillity prevails throughout the exquisite, elegant and soothing architectural design.

The selection of beauty and body treatments are pure pleasure and have valuable,
therapeutic qualities resulting in a rebalancing mind/body/spirit experience.

The treatments are performed with high quality products, 100% fragrant oils, natural and
pure ingredients. Rituals are packages focusing at all levels on reducing stress,
healing the body, refreshing the looks and boosting the spirits.

Our professionally trained spa therapists offer an excellent treatments' execution and a personalised approach to service, making each guest's experience unique and special.

Ladies can enjoy final beauty touches at the Mani- Pedi lounge, gentlemen can savour the perfect grooming and authentic experience under the hands of our resident hairdresser and our little guests delight in the unique Kids' Spa program making the Spa Experience a shared family journey.

Nurai Spa is the perfect place to slow down, rediscover the simple yet fulfilling joys of well-executed massage and healing and rejuvenating experiences.

MASSAGE

NURAI SIGNATURE EXPERIENCE

TREATMENT TIME: 60/90/120 MINUTES

PRICE: AED 795/ 1,100/1,500

Clear your mind, embrace the open space and the turquoise infinity, listen to the sound of the waves and the nature in all its beauty and indulge in a luscious spa experience. Our specialist team will balance your energy, improve your skin tone, which will leave you completely recharged, with a beautiful feeling of body, mind and spirit harmony.

SERENITY MASSAGE

A featherlight pressure massage, including long strokes combined with a selection of aromatherapy oils, to promote a deep state of relaxation for the mind, body and spirit.

> TREATMENT TIME: 60/90/120 MINUTES PRICE: AED 695/950/1,200

BACK, NECK & SHOULDERS MASSAGE

A combination of specialised massage techniques to break down knots and deeply rooted tension in the upper body. Deeply relaxing, it improves muscles and joints flexibility, helps relieve headaches, muscles tension, aches and pain in that area.

> TREATMENT TIME: 30 MINUTES PRICE: AED 470

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

RITUALS

ADD-ONS

SPA BOOSTERS

FACIALS SCRUBS & WRAPS MASSAGE

DEEP TISSUE/ SPORT MASSAGE

This massage focuses on problem areas using trigger points therapy and deep draining techniques to eliminate toxins, alleviate muscle pain and ache, increase muscle and joint range of motion, and returns the body to better health. Excellent for after exercise and sore muscles.

TREATMENT TIME: 60/90/120 MINUTES

PRICE: AED 745/975/1,250

BAMBOO MASSAGE

Known for its incredible soothing and healing properies, this massage works at all levels to balance, calm and energise you physically, metally and spiritually. Designed to alleviate muscle tension, release body & mind stress and to address your individual needs - relax, destress or revive.

TREATMENT TIME: 60/90/120 MINUTES

PRICE: AED 745/975/1,250



TRADITIONAL BALINESE MASSAGE

Used for centuries, this massage is an integral part of the Indonesian approach to health and beauty and is performed with pure coconut oil. Balinese massage is a firm technique and involves kneading, pressure on reflex zone points for invigorating and stimulating results.

TREATMENT TIME: 60/90/120 MINUTES

PRICE: AED 745/975/1,250

THAI MASSAGE

Thai massage is an ancient healing modality that uses stretching and pressure along the body's energy lines to unblock trapped energy in muscles and joints. It loosens muscle and joint tension, increases flexibility, improves vitality and overall balances the body's energy systems. Thai Massage is a dry massage, no oil is used during this treatment and Thai pyjamas are provided for you to wear during the massage.

TREATMENT TIME: 60/90/120 MINUTES

PRICE: AED 745/975/1,250

SPA ETIQUETTE

HAIR CARE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET

SPA FACILITIES

RITUALS

SPA BOOSTERS

FACIALS

SCRUBS & WRAPS

MASSAGE

FOOT REFLEXOLOGY MASSAGE

In this massage the therapist works on "reflex points" on your feet. Reflex points relate to specific organs and glands in the body. Stimulating those points with finger pressure releases tension blocks, allowing the healing energy to flow freely to promote health in those organs and glands. Foot Reflexology is a restorative treatment with benefits that can be felt throughout the entire body.

TREATMENT TIME: 60/90 MINUTES

PRICE: AED 695/810

INDIAN HEAD MASSAGE

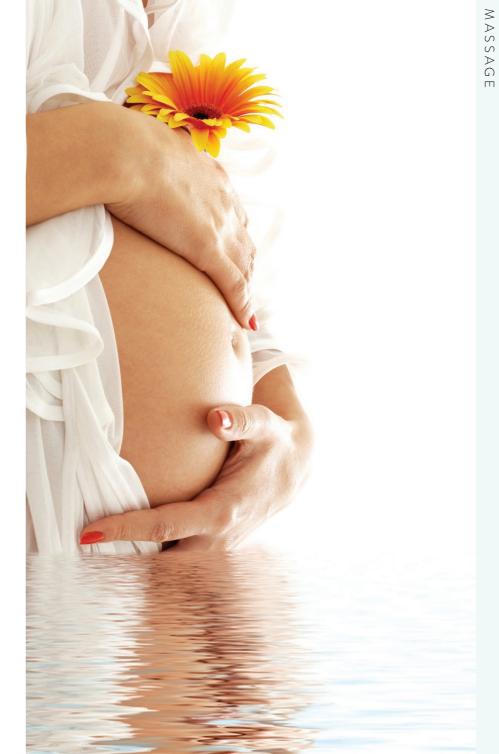
This massage is a treatment based on old Ayurvedic techniques involving work on the head, face, neck and shoulders. It improves the blood flow in the head and neck, clears and calms the mind, relieving tension and fatigue for a better focus and clarity.

TREATMENT TIME: 45 MINUTES

PREGNANCY MASSAGE

Masterminded by the Neom Wellbeing Board, this safe, supportive and incredibly effective pre-natal massage starts with a pregnancy-specific guided meditation while using first extraction of 100%natural Neom essential oils, combined with "Mother-to-be" massage techniques.

> TREATMENT TIME: 60/90 MINUTES PRICE: AED 810/1,150





BODY SCRUBS & BODY WRAPS

SPA BOOSTERS
FACIALS
SCRUBS & WRAPS

HIMALAYAN SALT & OIL SCRUB

An invigorating treatment to exfoliate the dead skin cells and improve the blood circulation. Excellent for antiageing support and healthy, radiant looking skin.

> TREATMENT TIME: 30 MINUTES PRICE: AED 470

SOOTHING **BODY WRAP**

A soothing and re-hydrating treatment to rescue dehydrated skin- perfect before or after sun exposure. Layering of cooling gels and moisturising creams, work to leave your skin nourished, smooth and supple. Includes a scalp massage.

> TREATMENT TIME: 60 MINUTES PRICE: AED 775

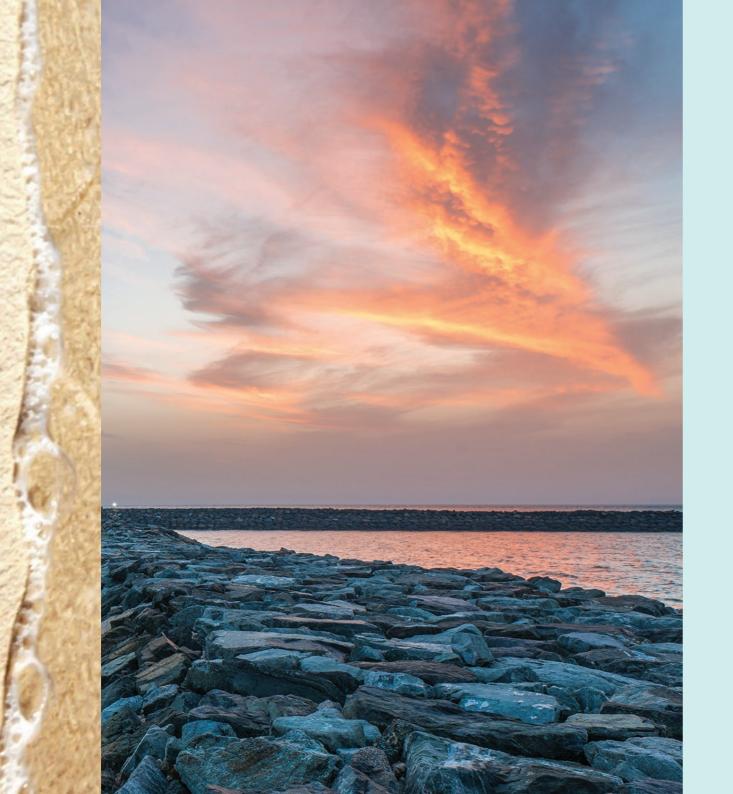


DETOX BODY WRAP

This intense treatment assists in enhancing a healthy appearance of skin. The treatment begins with a full body exfoliation in order to remove the dead skin cells and improve the blood circulation, followed by a detoxifying algae, seaweed and aloe mask, to reduce the apperance of cellulite, fluid retention and hydrate your skin, for revitalized, firm and supple skin.

TREATMENT TIME: 60 MINUTES





FACIALS

No matter what your skin type, our facials work to condition and provide vital nourishment to your skin's deepest layers and to encourage your complexion's natural radiance. Includes a neck and shoulder massage. A consultation with our therapist will determine your skin's exact needs, and recommend the exact facial and products to suit your skin. These facials are highly recommended for women and men.



SENSITIVE SKIN FACIAL

A result driven treatment that reinforces and protects the skin's natural barrier while instantly soothing, deeply moisturising and increasing the skin's tolerance levels.

> TREATMENT TIME: 60 MINUTES PRICE: AED 775

ESSENTIAL FACIAL

A nutrient-rich sensorial facial using the antioxidant power of vitamin C, designed to restore vitality to sun damaged skin, increase elasticity and help minimize the signs of aging

> TREATMENT TIME: 60 MINUTES PRICE: AED 695



PURIFYING FACIAL

This treatment includes deep cleansing, extraction and hot towel compresses to regulate skin problems. It incorporates a balancing facial massage and a cleansing mask. Rosemary, tea tree and salicylic acid with antibacterial and purifying properties help to leave the skin fresh and bright with a matt complexion. Perfect to treat break-outs or for oily and combination skin.

> TREATMENT TIME: 60 MINUTES PRICE: AED 775

DETOX FACIAL

This meticulous cleansing protocol is based on thermoactive enzymatic detoxification: it provides heat to open and soften pores, and botanical freshness to close and purify them. An effective protocol that deep cleanses and detoxifies skin while relieving stress providing immediate state of wellbeing and a radiant rested skin.

TREATMENT TIME: 60 MINUTES

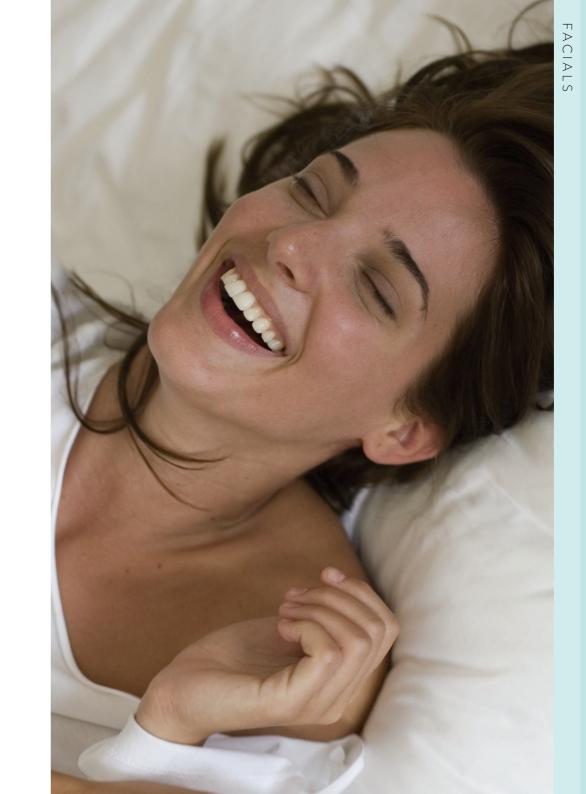


INTENSE REGENERATING FACIAL

This treatment deeply regenerates and reinforces the skin's structure with a high-powered cocktail formula. Enhanced by a deep remodelling massage, it helps diminish the signs of ageing, redefines the face contour for a firming effect and a healthy smooth skin appearance.

TREATMENT TIME: 90 MINUTES

PRICE: AED 975





SPA BOOSTERS

These 30mins add-ons perfectly complete any of your massage, body or face treatments or can be booked on their own. They allow your therapist to focus on any specific area that needs more action and healing. The Spa Boosters relieve stress, loosen stiff muscles and improve circulation. You will feel deeply relaxed and re-energised in no time. It is also a great way to introduce a spa treatment to new comers or children!

EYE CONTOUR TREATMENT

Ultimate treat with gently stimulating massage to drain, firm the skin and a hydrating eye mask to diminish puffiness, sign of fatigue and fine lines around the eyes Leaves the eye contours smoother and youthful.

TREATMENT TIME: 30 MINUTES

PRICE: AED 350

HEAD AND FACE MASSAGE

Traditional Ayurveda scalp and facial massage fused with destress mind oil aromatherapy blend. An excellent mind clearing treatment to relieve stress-induced tension in the head, neck, shoulder areas. Best treat for when you are lounging at the beach or by the pool.

TREATMENT TIME: 30 MINUTES

PRICE: AED 350

FOOT MASSAGE

Working on feet and lower legs with relaxing strokes, acupressure points and stretches.

TREATMENT TIME: 30 MINUTES

Salt and essential oils blend, this soak is deeply relaxing and grounding. It is beneficial to reduce body-mind stress. A delightful spa moment to enhance the relaxation effects.

TREATMENT TIME: 30 MINUTES

PRICE: AED 270

DETOX BATH

The natural power of pure organic hand-harvested seaweed works magic to deeply release toxins, ease muscles and joints ache and pain, increase circulation, moisturise your skin, and promote healing by remineralising the body. Excellent as part of a detox program.

TREATMENT TIME: 30 MINUTES



AROMA BATH

A soothing retreat, a moisturising treatment for your skin and a reviving experience that can be enjoyed in the privacy of your villa.

TREATMENT TIME: IN VILLA

PRICE: AED 350

SPECIAL OCCASIONS ROOM DECORATION

Celebrate your special occasions such as birthdays, anniversaries by enhancing your treatment experience with a bespoke message, candles, balloons and island seasonal flowers.

HOT STONES

PRICE: AED 180

HIMALAYAN SALT STONES

PRICE: AED 180

KNESKO COLLAGEN EYE TREATMENT

An indulgent treat for the delicate eye area, enhanced with collagen, gemsones and minerals.

> DIAMOND - Radiance NANO GOLD - Lift, firm & repair ROSE QUARTZ - Sensitive skin BLACK PEARL - Detoxifying



RITUALS

Each ritual is a journey embracing the essence of a true spa experience. Our rituals are designed with the intention to heal, invigorate and bring inner stillness. These complete and powerful ritual, smoothly pave the way to total wellbeing. RITUAL TIME: 150 MINUTES

PRICE: AED 1,500

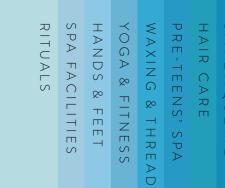
DETOX RITUAL

This ritual starts with a body exfoliation to help remove skin impurities and stimulate blood circulation, followed by a algae detox wrap applied to further absorb toxins and eliminate fluid retention while your scalp is treated with a gentle pressure point massage.

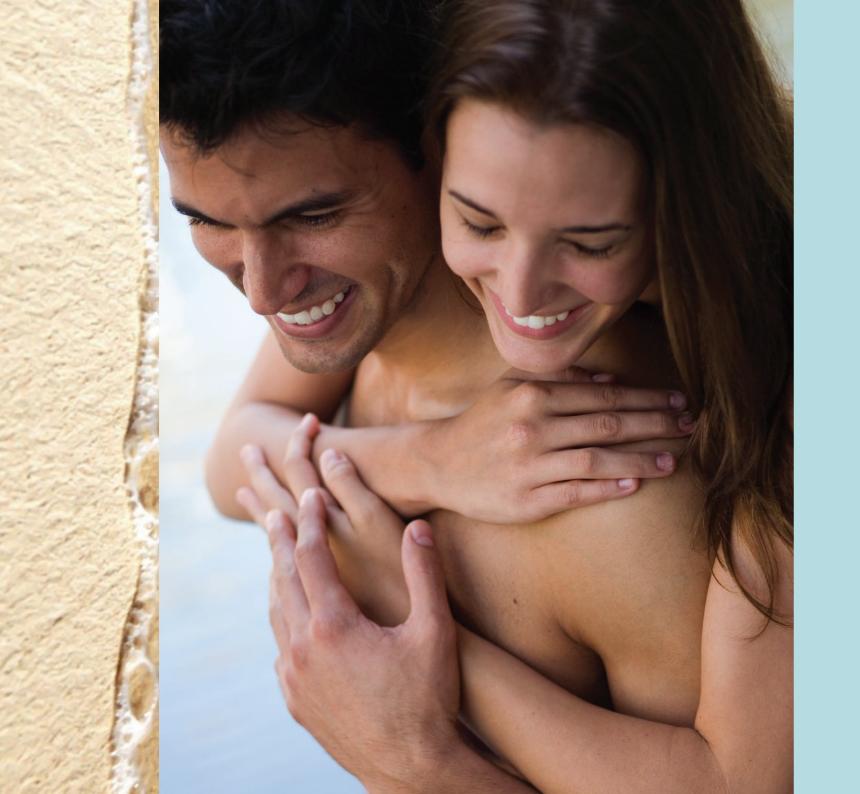
Next is a final deep tension melt away full body massage to perfect this inside out complete cleansing and detoxifying treatment. Your body is left light and refreshed, your mind clear and rested, and your skin silky soft and smooth.

RITUAL TIME: 120 MINUTES

PRICE : AED 1,500







Couples enjoy this special time side by side with a full Body Relaxing Massage and a Deep Cleansing Facial, followed by our tea ceremony.

RITUAL TIME : 120 MINUTES

PRICE : AED 2,350

NURAI COUPLE MOMENT

Delight your loved one side-by-side with a relaxing full body massage followed by the private spa facilities therapy: snow room, aspen sauna, chromotherapy jacuzzi

RITUAL TIME: 120 MINUTES

PRICE: AED 2,090







SNOW ROOM, ASPEN SAUNA & CHROMOTHERAPY JACUZZI

Step into the sanctuary of peace, youth and revival on a blissful merging of fire & ice , cold & heat therapy

- Improve immune system & activate metabolism
- · Reduce fluid retention & weight (burn calories)
- · Stimulate blood & lymphatic circulation
- Detoxify
- · Improve cardiovascular performances
- Treat muscles and joints/arthritis aches and pain
- · Reduce inflammation
- · Stimulate focus & memory
- · Release stress

BOOKING TIME: 60 MINUTES

PRICE:

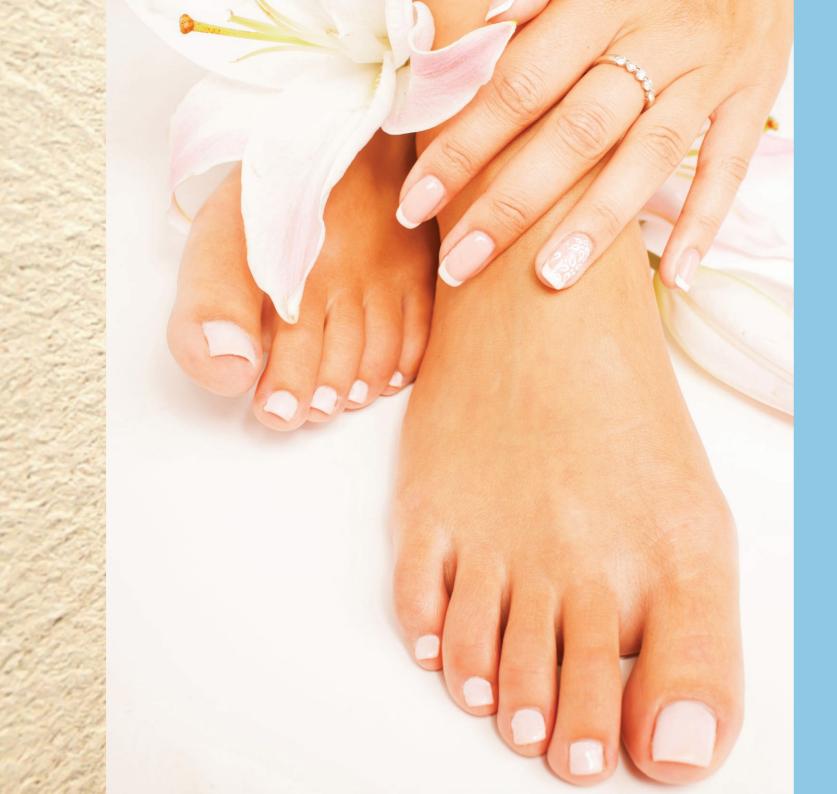
AED 600 PERSON FOR INDIVIDUAL SESSION

AED 500 ADD PERSON FOR INDIVIDUAL ADD ON (ADDITIONAL TO OTHER SPA SERVICE)

AED 360 PERSON FOR THE GROUP (2 -4 PEOPLE)

AED 290 PERSON FOR THE GROUP ADD ON (2 -4 PERSON)

AED 200 PERSON FOR THE GROUP (5-8 PEOPLE)



MANICURE & PEDICURE

These rituals not only fulfill the purpose of beauti hands, feet and nails, they also serve as a perfectime for you to enjoy total relaxation on your own with your friends. You can select your refreshmen and the music to delight your ears and soul.

ESSENTIAL MANICURE

TREATMENT TIME:

30MINUTES (without nail polish) 45MINUTES (with nail polish)

PRICE: AED 210/290

NAIL POLISH APPLICATION

TREATMENT TIME: 15 MINUTES

PRICE: AED 100

ESSENTIAL PEDICURE

TREATMENT TIME:
45MINUTES (without nail polish)
60MINUTES (with nail polish)

PRICE: AED 380/460

SPA ETIQUETTE

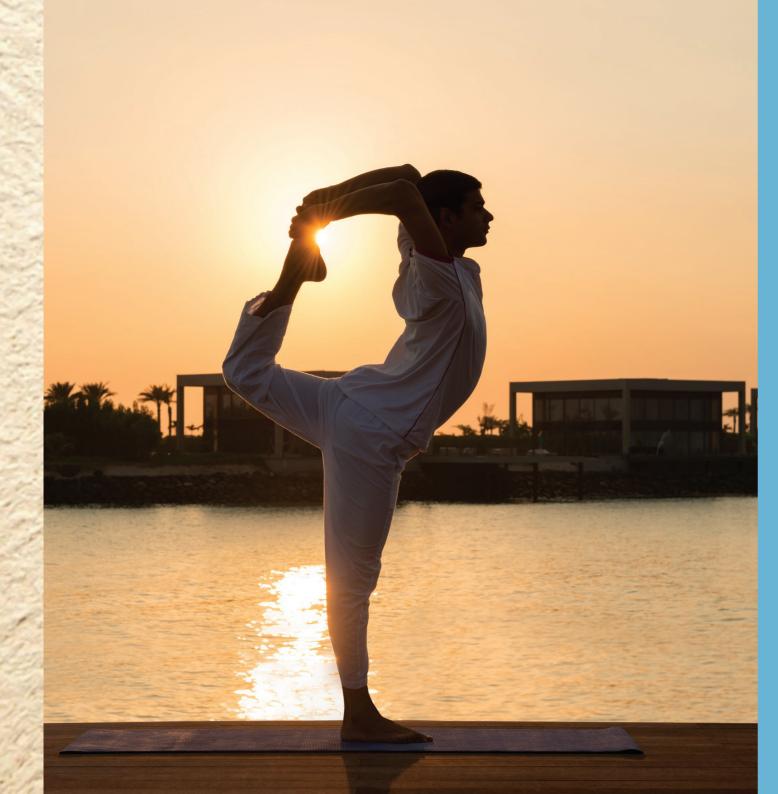
HAIR CARE

PRE-TEENS' SPA

WAXING & THREADING

YOGA & FITNESS

HANDS & FEET



YOGA & FITNESS

YOGA

SESSION TIME INDIVIDUAL: 60 MINUTES

PRICE: AED 600

SESSION TIME GROUP PER PERSON: 60 MINUTES

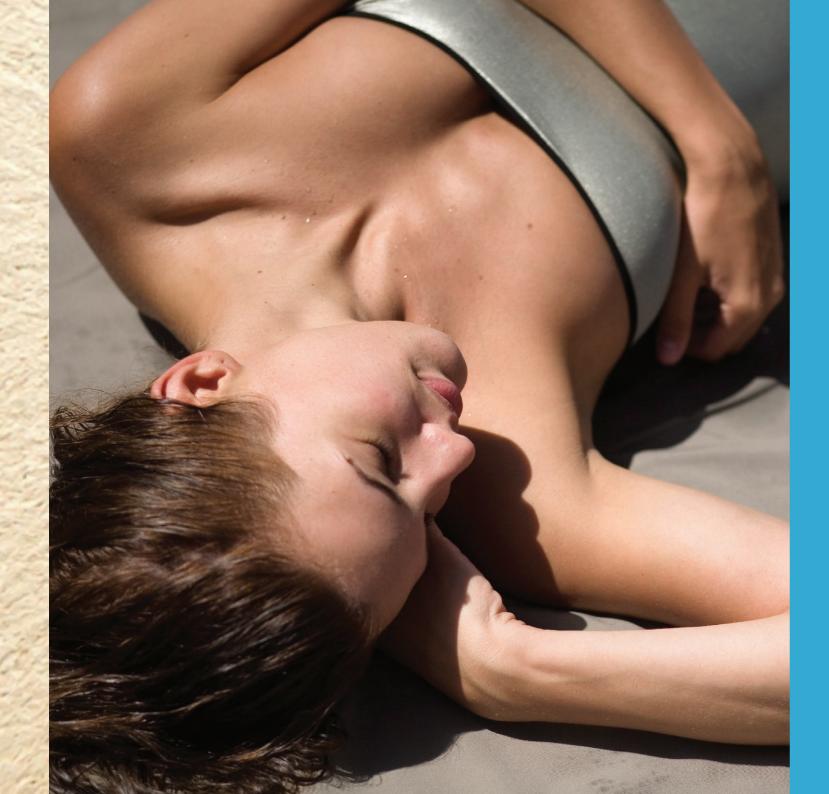
PRICE: AED 375

SOUND HEALING

SESSION TIME INDIVIDUAL: 60 MINUTES

PRICE: AED 700

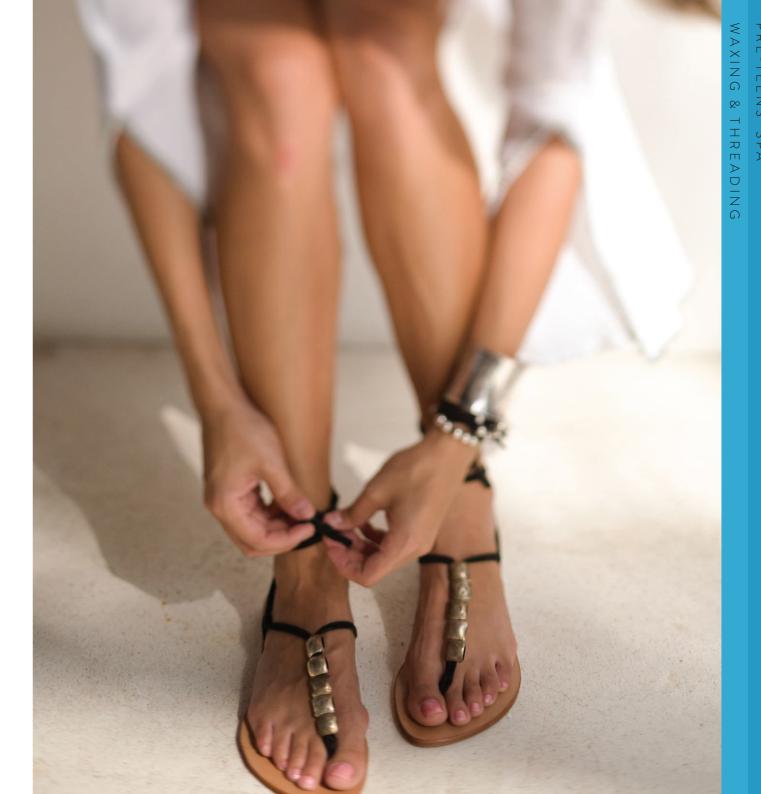
SESSION TIME GROUP PER PERSON: 60 MINUTES



WAX & THREADING

WAXING & THREADING

HALF ARM	AED 130
UNDER ARM	AED 180
FULL ARM	AED 160
FULL LEG	AED 310
HALF LEG	AED 130
BIKINI LINE	AED 190
BACK	AED 150
HALF BACK	AED 110
CHEST	AED 110
TUMMYLINE	AED 95
STOMACH	AED 150
UPPER LIP	AED 75
EYEBROWS	AED 135
CHIN	AED 85
FACE SIDES	AED 120
FULL FACE/EXCLUDING EYEBROWS	AED 390



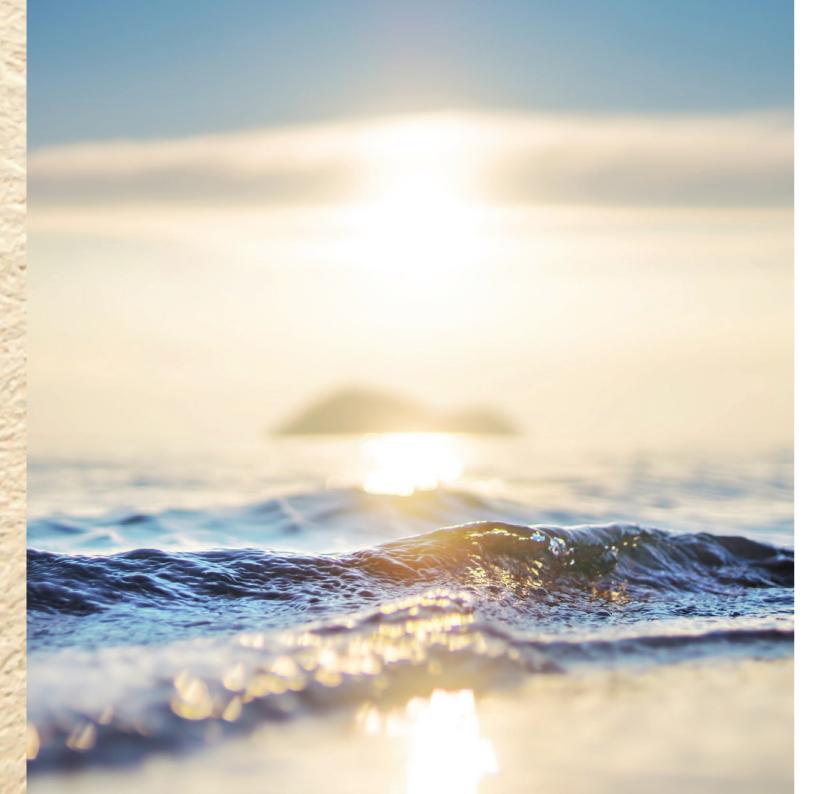


PRE-TEENS' SPA

Pre-teens can also enjoy some calm & relax time with these mini treats

Recommended age is from 8 to 15 years old.

BOOKING TIME:IU AM TO NOON



MINI SWEDISH MASSAGE

A relaxing and calming body massage with a focus on the back, shoulders and head.

RITUAL TIME: 30 MINUTES

PRICE: AED 470

MINI FACIAL

A soothing and calming express facial

RITUAL TIME: 30 MINUTES

KIDS MANICURE

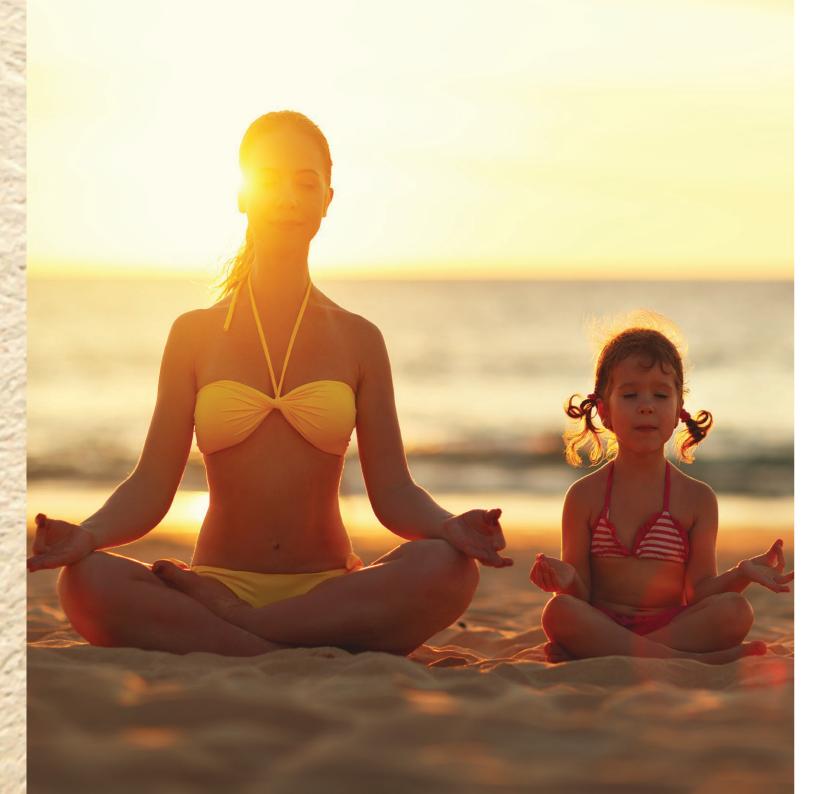
TREATMENT TIME: 20 MINUTES

PRICE: AED 170

KIDS PEDICURE

TREATMENT TIME: 20 MINUTES

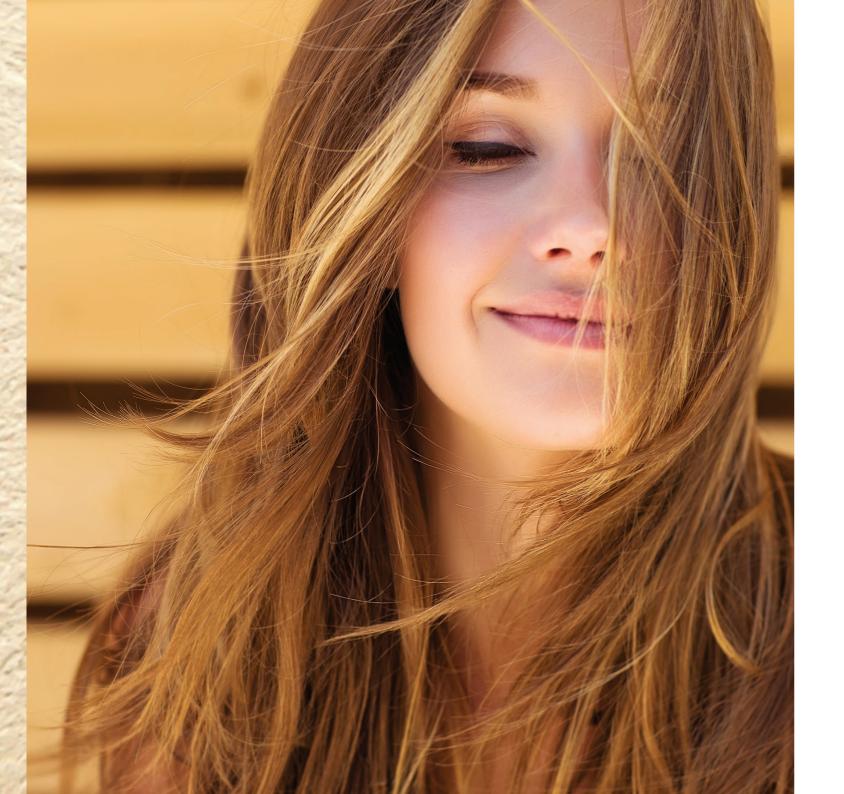




PRE-TEEN YOGA

Guided yoga postures for a healthy and balanced body

RITUAL TIME: 30 MINUTES



HAIR CARE FOR LADIES

HAIR CUT (UNDER 12 YEARS OLD)

HAIR CUT (12+ YEARS OLD)

AED 200

HAIR TREATMENT

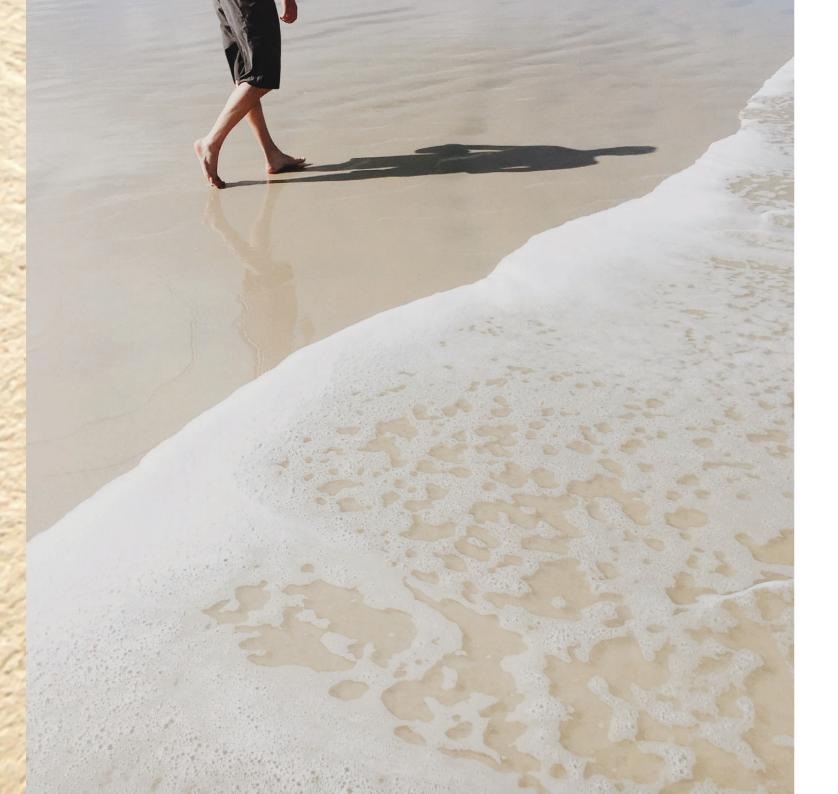
AED 100

HAIR WASH

SHORT AED 100
MEDIUM AED 150
LONG AED 200

BLOW DRY (CURLING OR STRAIGHTENING)

SHORT AED 200
MEDIUM AED 300
LONG AED 400



HAIR CARE FOR GENTS

BEARD TRIM	AED 120
HAIR CUT(UNDER 12 YEARS OLD)	AED 120
HAIR CUT(12+ YEARS OLD)	AED 150
HAIR TREATMENT	AED 100



SPA ETIQUETTE

To make your reservation at Nurai Spa or for your in-villa treatment please dial "0". To ensure that your spa experience is available, we recommend scheduling treatments 24 hours prior to your preferred treatment time.

OPERATING HOURS

The spa is open from 9:00 am until 9:00 pm, 7 days/week. The gym is open from 7:00 am until 9:00 pm, 7 days/ week

ARRIVAL

Please arrive at least 15 minutes before your scheduled treatment.

HEALTH CONDITIONS

At the time of booking, kindly advise us on any health conditions, allergies or injuries that might prevent you from having the treatment.

ETIQUETTE

We kindly request that you keep your mobile phone off for the duration of the treatment in order to ensure ultimate relaxation is achieved.

PRICING

All prices are in UAE dirhams and are inclusive of all applicable service charges, local taxes and fees. In villa service is subject to an additional charge, equal to the total value of your booked treatments.

AGE REQUIREMENT

Spa treatments are available for individuals above 14 years old. However, some treatments may be available with parental supervision or at the discretion of the Spa Director. Please enquire with the spa hosts. Pre-teen Spa treatments area available for individuals under 14 years old.

CANCELLATION POLICY

Should you need to change or cancel your treatment, kindly inform Nurai Spa directly, during the opening hours, at least 4 hours before your scheduled appointment time. Failure to cancel within the alloted time will result in a charge of 50% from the total value of the booked treatment(s).

EXPERIENCE NURAI SPA

YOUR PRIVATE ISLAND RESORT.